



BEFORE YOUR BROW PROCEDURE

- If you have an ideal shape and colour in mind, bring a few reference photos with you to your appointment.
- You may fill in your eyebrows as you normally would so we can take into consideration the shape you desire.
- If you plan to go on a vacation, it is recommended to plan your trip a minimum of 14 days after the procedure.
- **We require our clients to avoid any blood thinning medication for a minimum of 72 hours prior to their appointment. This includes Vitamin E, Aspirin, Niacin, fish oil supplements, and Ibuprofen.**
- **Do not drink any alcohol the night before and day of your appointment and limit the amount of caffeine you consume.**
- If you have been on prescription Accutane in the past, you **MUST** wait at least one year before considering this procedure.
- It is highly recommended that you avoid SUN and TANNING BED exposure for 30 days BEFORE and AFTER your procedure. If you show up for your appointment with a new tan or a sunburn, you will need to reschedule and will forfeit your deposit. As your skin exfoliates from a sunburn, it will take the pigment with it.